

AISD School Health Advisory Council (SHAC) - 2/2/2017

Attendees:

Tonya Drake, School Nurse
Heather Thies, Child Nutrition Director
Jennifer Hammonds, parent
Kelly Chaffer, parent
Jennifer Burnett, Board Member & parent
Dana White, Board Member & parent

Nancy Sykes, AIS Counselor
Jenna Moore, Parent
Deanna Schrier, Parent
Sheila Stanfield, Parent (for Deon)
Sylvia Lopez, parent

Meeting Facilitator: Alex Remschel, AISD Assistant Super/SHAC Coordinator

Notes taken by: Jennifer Hammonds, SHAC Secretary

Agenda Overview:

- Introduction
- Review of SHAC by-laws
- Voting for leadership positions
- Review of programs
- Coordinated School Health Program (k-8)
- Open Forum

Review of SHAC By-Laws:

- Overview of present By-Laws was conducted

Voting of Leadership Positions:

- Chair – Kelly Chaffer (2nd year)
- Vice-Chair – Kimberly Green (2nd year)
- Secretary – Jennifer Hammonds (2nd year)

Review of Programs:

- Provided with a copy of the current FFA (Local) Wellness Policy
- Health Instruction:
 - High School Health is no longer “required” by TEA
 - Estimated 17 students will participate in Health at this point
 - Currently follow the “Worth the Wait” program for Sexual Education for HS
 - AMS follows the “AIM for Success” program
 - 5th grade girls and boys follow a “Puberty” program (separate classes)
- Healthy School Environment

- No Bullying
 - Want to prevent bullying as much as possible
 - Goal is to have students that feel safe
 - Bullying is a popular buzz word with the students and perhaps over used
- Health Services – Tanya Drake
 - PRN and Daily Meds keep the nurses quite busy
 - March will have dental care for first grade
 - Hearing and Vision exams are almost complete
 - Lion’s Club did “Spot” screening – first time this has happened
 - This has been scheduled for next year
 - Lion’s club has sponsored glasses for two students that were financially unable to cover the cost themselves
 - High School and Middle School diabetic training for the teachers was conducted
 - This will be a continuing training each year
 - Scoliosis exams are coming up next week – 5th grade and 8th grade girls
 - Kindergarten shot records were audited by the state – TDA, no results have been received yet, but we are confident of a pass
 - What is required by the state?
 - Hearing and vision – PreK, K, 1, 3, 5, 7 + all new students to the district, + students that have testing requests (this is completed first prior to the testing)
 - Scoliosis – 5th and 8th or 6th and 9th + all new students to the district
 - Shots – must have current records
- Physical Education
 - This will be discussed with the Coordinated School Health Program (k-8) topic
- School Counseling – Nancy Sykes, AIS School Counselor
 - State requires a comprehensive school counseling program
 - This covers immediate needs
 - Individual plans, grades, etc
 - Career Development
 - State Program = “Education Go Get It”
 - Introduces students to the idea of Higher Education or Tech School, etc
 - We have a district Suicide protocol in place
 - This can be a threat of Suicide
 - Are students given any information on Anxiety?
 - No, not at this time
 - Can build up the District website to include links to support sites, information?
 - Possible idea for teacher training – could an expert from Region 12 come in and teach a session?
 - Could any sort of presentation be made to the students on Anxiety and recognizing the signs?
 - Discussion on students and anxiety – exams, friends, etc.
 - Mental Health component is needed in the Coordinated School Health Program

- (k-8)
- Issues at the Alternative School? We need to keep the Alternative School in mind.
 - Alternative School offers more presentations and training to address negative behavior and how to avoid them in the future
 - Can these trainings be videoed and posted online for future reference?
- Food Service
 - Audit next year (3 year cycle)
 - Must be 51% Whole Grain for a food to count
 - Increased taste testing for the students
 - Killeen ISD does a “food show” – would like to bring that to AISD to help decide on new dishes.
 - Fall 2017 menus are already set
 - New reduced sodium requirements will be in effect starting next fall
 - Portion size and cost was discussed in detail
- School Site Health Promotion for Faculty & Staff
 - Routine blood pressure and blood sugar checks
 - Partnership with an outside organization for a discount
 - Camp Gladiator
 - T3
 - Walk the track
 - What about Incentives for health?
 - Perfect Attendance Incentive for teachers:
 - \$100 for perfect attendance
 - \$50 for close to perfect
 - Can we find discounts for the teachers to increase their health?
- Involvement with Parents and Community
 - SHAC involvement
 - How can we get MORE parents involved?
 - Alternate meetings between afternoon and evening?
 - Can Busy Bees send out a notification for the next meeting?
 - Can we promote this at Open House?

Discuss Coordinated School Health Program:

- We were each given a page on Approved Coordinated School Health Programs
- Goal is to review the four programs listed and be able to make a decision by our last meeting
 - Critical to have a mental health component

Open Forum

- Have JDRF sponsor a program
- Integrate a role playing/skit program to get kids more involved – sex ed, anxiety, bullying

Motion to adjourn by Sheila Stanfield

- Kellie Chaffer

- Deanna Schrier
- Motion carried

Next Meeting:

- Next meeting was set for Monday, February 20th @ 1pm